

WEEK 1

MONDAY

Main Meal Meat	Homemade Cheese Burger & Wedges (Gluten free available on request or without a bun)
Main Meal Vegetarian	Spicy Bean Burger & Wedges V/VE (Gluten free available on request or without a bun)
Vegetables	Beans V/VE/G
Jacket Potato	Beans V/VE/G, Cheese, Coleslaw V/G, Tuna Mayonnaise G
Dessert	Cool Delight Ice Cream Tub V/G
Pasta	Tomato V/VE, Sausage, Meatball
Hot Grab & Go	Chilli Nachos G
Hot Sandwich	Southern Fried Chicken Sub

TUESDAY

Main Meal Meat	Honey Roast Gammon served with New Potatoes & Gravy G
Main Meal Vegetarian	Quorn Sausages with New Potatoes & Gravy V/VE
Vegetables	Cauliflower & Broccoli Bake V (Vegan option available on request)
Jacket Potato	Beans V/VE/G, Cheese, Coleslaw V/G, Tuna Mayonnaise G
Dessert	Shortbread V
Pasta	Tomato V/VE, Sausage, Meatball
Hot Grab & Go	Hotdog with Crispy Fried Onions, Tomato Sauce & American Mustard
Hot Sandwich	

WEDNESDAY

Main Meal Meat	Chicken Tikka Masala served with Boiled Rice G & Naan
Main Meal Vegetarian	Quorn Tikka Masala served with Boiled Rice V/VE/G & Naan
Vegetables	Kachumber Salad V/VE/G
Jacket Potato	Beans V/VE/G, Cheese, Coleslaw V/G, Tuna Mayonnaise G
Dessert	Pancakes V with Lemon, Sugar & Chocolate Sauce V/VE/G
Pasta	Tomato V/VE, Sausage, Meatball
Hot Grab & Go	Chinese Chicken Wings & Wedges
Hot Sandwich	Sub Roll Sandwich Range

THURSDAY

Main Meal Meat	Southern Fried Chicken Wrap served with Crunchy Slaw and a Sweet Chilli Sauce and Tater Tots
Main Meal Vegetarian	Quorn Vegan Nugget Wrap served with Crunchy Slaw and a Sweet Chilli Sauce V/VE and Tater Tots
Vegetables	Sweetcorn V/VE/G
Jacket Potato	Beans V/VE/G, Cheese, Coleslaw V/G, Tuna Mayonnaise G
Dessert	Cookie V/VE
Pasta	Tomato V/VE, Sausage, Meatball
Hot Grab & Go	Mac & Cheese Pots V
Hot Sandwich	

FRIDAY

Main Meal Meat	Battered Fish & Chipped Potatoes (Gluten Free available on request)
Main Meal Vegetarian	Vegan Fishless Finger Bap V/VE (Gluten Free available on request)
Vegetables	Peas V/VE/G or Beans V/VE/G
Jacket Potato	Beans V/VE/G, Cheese, Coleslaw V/G, Tuna Mayonnaise G
Dessert	Flapjack V/VE
Pasta	Tomato V/VE, Sausage, Meatball
Hot Grab & Go	Chicken Goujons or Sausage & Chips
Hot Sandwich	Fish Fingers & Chips

V = suitable for vegetarians VE = suitable for vegans G= gluten free

Food allergies and intolerances: please speak to a member of the Catering Team when ordering if you need information about allergens in your food.

Vegan & Gluten free items are available at break time but will need to be pre-ordered (Pizzas, Paninis, Sausage Rolls).

WEEK 2

MONDAY

Main Meal Meat	Pepperoni Pizza with Potato Wedges
Main Meal Vegetarian	Cheese & Tomato Pizza with Potato Wedges V (Vegan pizza available on request)
Vegetables	Beans V/VE/G
Jacket Potato	Beans V/VE/G, Cheese, Coleslaw V/G, Tuna Mayonnaise G
Dessert	Cool Delight Ice Cream Tub V/G
Pasta	Tomato V/VE, Sausage, Meatball
Hot Grab & Go	Chilli Nachos G
Hot Sandwich	Southern Fried Chicken Sub

TUESDAY

Main Meal Meat	Beef Lasagne and Garlic Bread (Gluten Free available on request)
Main Meal Vegetarian	Veggie Lasagne & Garlic Bread V (Gluten Free available on request)
Vegetables	Sweetcorn V/VE/G
Jacket Potato	Beans V/VE/G, Cheese, Coleslaw V/G, Tuna Mayonnaise
Dessert	Cornflake Cake V
Pasta	Tomato V/VE, Sausage, Meatball
Hot Grab & Go	Hotdog with Crispy Fried Onions, Tomato Sauce, & American mustard G
Hot Sandwich	

WEDNESDAY

Main Meal Meat	Tandoori Chicken Curry served with Turmeric Rice G & Naan
Main Meal Vegetarian	Tandoori Quorn Curry served with Turmeric Rice V/VE/G & Naan V
Vegetables	Kachumber Salad V/VE/G
Jacket Potato	Beans V/VE/G, Cheese, Coleslaw V/G, Tuna Mayonnaise G
Dessert	Pancakes V with Lemon, Sugar & Chocolate Sauce V/VE/G
Pasta	Tomato V/VE, Sausage, Meatball
Hot Grab & Go	Chinese Chicken Wings & Wedges
Hot Sandwich	Sub Roll Sandwich Range

THURSDAY

Main Meal Meat	Chicken Fajita Wrap served with Crunchy Slaw and Tater Tots
Main Meal Vegetarian	Vegan Quorn Fajita Wrap served with Crunchy Slaw V/VE and Tater Tots
Vegetables	Sweetcorn V/VE/G
Jacket Potato	Beans V/VE/G, Cheese, Coleslaw V/G, Tuna Mayonnaise G
Dessert	Cookie V/VE
Pasta	Tomato V/VE, Sausage, Meatball
Hot Grab & Go	Mac & Cheese Pots V
Hot Sandwich	

FRIDAY

Main Meal Meat	Battered Fish & Chipped Potatoes (Gluten Free available on request)
Main Meal Vegetarian	Vegan Nuggets & Chipped Potatoes V/VE
Vegetables	Peas V/VE/G or Beans V/VE/G
Jacket Potato	Beans V/VE/G, Cheese, Coleslaw V/G, Tuna Mayonnaise G
Dessert	Banana Flapjack V
Pasta	Tomato V/VE, Sausage, Meatball
Hot Grab & Go	Chicken Goujons or Sausage & Chips
Hot Sandwich	Fish Fingers & Chips

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WEEK 3

MONDAY

Main Meal Meat	Battered Chicken Burger & Wedges
Main Meal Vegetarian	Vegan Chicken Burger & Wedges V/VE
Vegetables	Beans V/VE/G
Jacket Potato	Beans V/VE/G, Cheese, Coleslaw V/G, Tuna Mayonnaise G
Dessert	Cool Delight Ice Cream Tub V/G
Pasta	Tomato V/VE, Sausage, Meatball
Hot Grab & Go	Chilli Nachos G
Hot Sandwich	Southern Fried Chicken Sub

TUESDAY

Main Meal Meat	Sausage Roast served with New Potatoes & Gravy G
Main Meal Vegetarian	Vegan Sausage Roast with New Potatoes & Gravy V/VE
Vegetables	Cauliflower & Broccoli Bake V (Vegan option available on request)
Jacket Potato	Beans V/VE/G, Cheese, Coleslaw V/G, Tuna Mayonnaise G
Dessert	Rice Krispie Cake V
Pasta	Tomato V/VE, Sausage, Meatball
Hot Grab & Go	Hotdog with Crispy Fried Onions, Tomato Sauce & American Mustard
Hot Sandwich	

WEDNESDAY

Main Meal Meat	Chicken Korma served with Boiled Rice G & Mini Nann
Main Meal Vegetarian	Quorn Korma served with Boiled Rice & Mini Naan V/G
Vegetables	Kachumber Salad V/VE/G
Jacket Potato	Beans V/VE/G, Cheese, Coleslaw V/G, Tuna Mayonnaise G
Dessert	Pancakes V with Lemon, Sugar & Chocolate Sauce V/VE/G
Pasta	Tomato V/VE, Sausage, Meatball
Hot Grab & Go	Chinese Chicken Wings & Wedges
Hot Sandwich	Sub Roll Sandwich Range

THURSDAY

Main Meal Meat	Chicken Wrap served with Crunchy Slaw and a Piri Piri Mayo
Main Meal Vegetarian	Piri Piri Quorn Nugget Wrap served with Crunchy Slaw and a Piri Piri Mayo V No Mayo VE
Vegetables	Sweetcorn V/VE/G or Mexi Rice Salad V/VE/G
Jacket Potato	Beans V/VE/G, Cheese, Coleslaw V/G, Tuna Mayonnaise G
Dessert	Cookie V/VE
Pasta	Tomato V/VE, Sausage, Meatball
Hot Grab & Go	Mac & Cheese Pots V
Hot Sandwich	

FRIDAY

Main Meal Meat	Battered Fish & Chipped Potatoes (Gluten Free available on request)
Main Meal Vegetarian	Plant Based Sausage Roll served with Chipped Potatoes V/VE
Vegetables	Peas V/VE/G or Beans V/VE/G
Jacket Potato	Beans V/VE/G, Cheese, Coleslaw V/G, Tuna Mayonnaise G
Dessert	Chocolate Chip Flapjack V
Pasta	Tomato V/VE, Sausage, Meatball
Hot Grab & Go	Chicken Goujons or Sausage & Chips
Hot Sandwich	Fish Fingers & Chips

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