

PE SPORTS LEADERSHIP

WHAT WILL BE COVERED DURING THE COURSE?

This course leads to the Sports Leaders Level 1 qualification, which covers the following areas:

- Plan, lead and review a sport or activity.
- Developing leadership skills.
- Lead activities that promote healthy lifestyles.
- Fair play in sport.
- The role of the official.
- Opportunities in sport and recreation.

Pupils will gain a formally recognised qualification and be able to lead and assist in the delivery of sport and physical activity sessions. Lessons are comprised of a mixture of discussion, exploration and practical learning delivered in and out of a classroom.

WHAT SKILLS WILL BE DEVELOPED OVER THE YEAR?

- Acquiring and developing new and existing practical skills.
- Leadership.
- Communication.
- Organisation.
- Teamwork.
- Problem solving.
- Officiating.

WHERE WILL THIS COURSE LEAD ME?

This course will be valuable for those of you hoping to study physical education at GCSE PE and Sports Studies. It will be an ideal introduction to 'Step into Sport' which is a nationally recognised programme of leadership and volunteering. This course will also benefit those who wish to pursue a career in sport, leadership or working with children.

