

Sports Studies (Level 2 Cambridge National)
Examination Board: OCR

What is the course like?

The Cambridge National qualification in Sports Studies takes an engaging, practical and inspiring approach to learning and assessment. The course provides pupils with a broad knowledge and understanding of different aspects of sports studies including sports leadership and practical sports skills. This course is well suited to pupils with a keen interest in sport who learn most effectively through performance and leadership practical activities and perform better in project-based coursework rather than final examinations. Equivalent to a GCSE, the qualification leads to a level 2 certificate with the following grades: distinction*, distinction, merit and pass.

What is studied during the course?

The course contains four components:

1. Contemporary issues in sport *Assessed via an externally assessed written exam (25% of final grade)*

When completing this unit pupils will explore a range of topical and contemporary issues in sport. These will include issues relating to participation levels within sport, the barriers to participation that some people experience, the promotion of values and ethical behaviour within sport and the role of major sporting events and national governing bodies in advancing sports attempts to positively impact upon society.

2. Sports skills *Assessed via practical sporting ability and coursework (25% of final grade)*

While completing this unit students will develop their skills, techniques and use of tactics and strategies. Pupils will participate in both team and individual sports and will also demonstrate their understanding of the rules of these games by acting as an official within each activity. As well as performing practically, pupils will complete an evaluation of their own performance, they will identify areas of improvement, types of skill, types of practice and how to improve their own performance. Pupils have the opportunity to complete a practical logbook for sports participated in outside of school.

3. Sports leadership *Assessed via practical sports leadership assessment and coursework (25% final grade)*

During this unit pupils will develop the knowledge, understanding and practical skills required to be an effective sports leader. Pupils will plan, deliver and review safe and effective sporting activity sessions themselves. Pupils will improve their own ability to communicate both verbally and by giving demonstrations and will learn how to adapt their own leadership style to suit the needs of those they are leading.

4. Sport and the Media *Assessed via coursework (25% of final grade)*

While completing this unit pupils will develop their knowledge and understanding of the relationship between sport and the media. Pupils will look at the various types of media used in sport and learn about the positive and negative effects that they can have. Pupils will need to use their new knowledge to evaluate a real-life example of media effecting sport. The skills developed in this unit would be relevant to range of roles and careers within the sports industry such as reporting and broadcasting, public relations and media work.

How is the course assessed?

Each of the four components is worth 25% of the final grade. 25% is exam based and 75% is coursework based (as detailed above).

Additional Information

Pupils should express a preference on their option form to show which of the two courses in GCSE PE or Sports Studies they would like to follow after seeking advice from their PE teacher. Please note that the school intends to run classes in both GCSE PE/Sport courses.

For further information, please contact Mr Brailey, Mrs Place or Mrs Davidge-Lumber.