MANOR
CATERING

MONDAY WEEK 1

Main Meal Meat	**Spaghetti Bolognaise** G (Gluten free available on request)
Main Meal Vegetarian	**Vegan Spaghetti Bolognaise** V/VE/G (Gluten free available on request)
Vegetables	**Mixed Leaf Salad** V/VE/G **or Sweetcorn** V/VE/G
Jacket Potato	**Beans** V/VE/G, **Cheese, Coleslaw** V/G, **Tuna Mayonnaise** G
Dessert	**Pancakes** VE **or Gluten Free Waffles** G **with Lemon, Sugar & Chocolate Sauce** V/VE/G
Pasta	**Tomato** V/VE, **Sausage Meatball**
Hot Grab & Go	**Chilli Nachos** G
Hot Sandwich	**Sub Roll Sandwich Range**

V = suitable for vegetarians VE = Suitable for vegans G=Gluten free
Food allergies and intolerances: Please speak to a member of the Catering Team when ordering if you need information about allergens in your food.
Vegan & Gluten free items are available at break time but will need to be pre-ordered (Pizza's, Panini's, Sausage rolls).

MANOR
CATERING

TUESDAY WEEK 1

Main Meal Meat	Southern Fried Chicken Wrap served with Crunchy Slaw and a Sweet Chilli Sauce
Main Meal Vegetarian	Quorn Vegan Nugget Wrap served with Crunchy Slaw and a Sweet Chilli Sauce V/VE
Vegetables	Sweetcorn V/VE/G or Beans V/VE/G
Jacket Potato	Beans V/VE/G, Cheese, Coleslaw V/G, Tuna Mayonnaise G
Dessert	Lemon Cookies V/VE & G Biscuits Available
Pasta	Tomato V/VE, Sausage Meatball
Hot Grab & Go	Mac & Cheese Pots V
Hot Sandwich	Pea & Mint Falafel in a Spinach Wrap served with Houmous & Coriander Slaw V/VE

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MANOR
CATERING

WEDNESDAY WEEK 1

Main Meal Meat	Homemade Beef Burgers & Wedges G (Gluten free without the bun)
Main Meal Vegetarian	Vegetable Burger & Wedges V/VE
Vegetables	Beans V/VE/G or Coleslaw V/G
Jacket Potato	Beans V/VE/G, Cheese, Coleslaw V/G, Tuna Mayonnaise G
Dessert	Raspberry Fruit Ice Smoothie V/VE/G
Pasta	Tomato V/VE, Sausage Meatball
Hot Grab & Go	Chinese Chicken Wings & Wedges
Hot Sandwich	BBQ Sandwich Range

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THURSDAY WEEK 1

Main Meal Meat	Chicken Korma Served with Boiled Rice G & Mini Naan
Main Meal Vegetarian	Quorn Korma Served with Boiled Rice G & Mini Naan V
Vegetables	Kachumber Salad V/VE/G or Mixed Leaf Salad V/VE/G
Jacket Potato	Beans V/VE/G, Cheese, Coleslaw V/G, Tuna Mayonnaise G
Dessert	Summer Fruit Crumble V/VE with Custard V/G (Vegan Custard available on request)
Pasta	Tomato V/VE, Sausage Meatball
Hot Grab & Go	Hotdog with Crispy Fried Onions, Tomato Sauce & American Mustard
Hot Sandwich	Beetroot Falafel in a Tomato Wrap served with Houmous & Coriander Slaw V/VE

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MANOR
CATERING

FRIDAY WEEK 1

Main Meal Meat	**Battered Fish & Chipped Potatoes** G (Gluten free available on request)
Main Meal Vegetarian	**Vegan Nuggets & Chipped Potatoes** V/VE
Vegetables	**Peas** V/VE/G **or Beans** V/VE/G
Jacket Potato	**Beans** V/VE/G, **Cheese, Coleslaw** V/G, **Tuna Mayonnaise** G
Dessert	**Apple Flapjack** V/VE
Pasta	**Tomato** V/VE, **Sausage Meatball**
Hot Grab & Go	**Chicken Goujons or Sausage & Chips**
Hot Sandwich	**The Plaice to Sea Range**

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MANOR
CATERING

MONDAY WEEK 2

Main Meal Meat	Baked Beef Lasagne & Garlic Bread
Main Meal Vegetarian	Baked Vegan Lasagne V/VE
Vegetables	Mixed Leaf Salad V/VE/G or Sweetcorn V/VE/G
Jacket Potato	Beans V/VE/G, Cheese, Coleslaw V/G, Tuna Mayonnaise G
Dessert	Pancakes VE or Gluten Free Waffles G with Lemon, Sugar & Chocolate Sauce V/VE/G
Pasta	Tomato V/VE, Sausage Meatball
Hot Grab & Go	Chilli Nachos G
Hot Sandwich	Sub Roll Sandwich Range

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MANOR
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TUESDAY WEEK 2

Main Meal Meat	**Pepperoni Pizza with Herby Diced Potatoes** G (Gluten free available on request)
Main Meal Vegetarian	**Cheese & Tomato Pizza with Herby Diced Potatoes** V/VE/G (Gluten free available on request)
Vegetables	**Sweetcorn** V/VE/G **or Peas** V/VE/G
Jacket Potato	**Beans** V/VE/G**, Cheese, Coleslaw** V/G**,** **Tuna Mayonnaise** G
Dessert	**Maryland Cookies** V/VE **or** G **Biscuits Available**
Pasta	**Tomato** V/VE**, Sausage Meatball**
Hot Grab & Go	**Mac & Cheese Pots** V
Hot Sandwich	**Pea & Mint Falafel in a Spinach Wrap served with Houmous & Coriander Slaw** V/VE

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MANOR
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WEDNESDAY WEEK 2

Main Meal Meat	Battered Chicken Burger & Wedges
Main Meal Vegetarian	Vegan Chicken Burger & Wedges V/VE
Vegetables	Beans V/VE/G or Coleslaw V/G
Jacket Potato	Beans V/VE/G, Cheese, Coleslaw V/G, Tuna Mayonnaise G
Dessert	Strawberry Fruit Ice Smoothie V/VE/G
Pasta	Tomato V/VE, Sausage Meatball
Hot Grab & Go	Cajun Chicken Wings & Wedges
Hot Sandwich	BBQ Sandwich Range

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THURSDAY WEEK 2

Main Meal Meat	Thai Chicken Curry with Boiled Rice G
Main Meal Vegetarian	Thai Vegetable Curry with Boiled Rice V/G
Vegetables	Kachumber Salad V/VE/G or Mixed Leaf Salad V/VE/G
Jacket Potato	Beans V/VE/G, Cheese, Coleslaw V/G, Tuna Mayonnaise G
Dessert	Peach Crumble V/VE with Custard V/G (Vegan Custard available on request)
Pasta	Tomato V/VE, Sausage Meatball
Hot Grab & Go	Hotdog with Crispy Fried Onions, Tomato Sauce & American Mustard
Hot Sandwich	Beetroot Falafel in a Tomato Wrap served with Houmous & Coriander Slaw V/VE

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MANOR
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FRIDAY WEEK 2

Main Meal Meat	**Battered Fish & Chipped Potatoes** G (Gluten free available on request)
Main Meal Vegetarian	**Vegan Hotdog & Chipped Potatoes** V/VE/G (Gluten free without the bun)
Vegetables	**Peas** V/VE/G **or Beans** V/VE/G
Jacket Potato	**Beans** V/VE/G, **Cheese, Coleslaw** V/G, **Tuna Mayonnaise** G
Dessert	**Cherry & Coconut Flapjack** V/VE
Pasta	**Tomato** V/VE, **Sausage Meatball**
Hot Grab & Go	**Chicken Goujons or Sausage & Chips**
Hot Sandwich	**The Plaice to Sea Range**

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MANOR
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MONDAY WEEK 3

Main Meal Meat	**Spaghetti & Meatballs in a Rich Tomato & Basil Sauce** G (Gluten free available on request)
Main Meal Vegetarian	**Spaghetti & Vegan Meatballs in a Rich Tomato & Basil Sauce** V/VE/G (Gluten free available on request)
Vegetables	**Mixed Leaf Salad** V/VE/G **or Sweetcorn** V/VE/G
Jacket Potato	**Beans** V/VE/G**, Cheese, Coleslaw** V/G**,** **Tuna Mayonnaise** G
Dessert	**Pancakes** VE **or Gluten Free Waffles** G**, with Lemon, Sugar & Chocolate Sauce** V/VE/G
Pasta	**Tomato** V/VE**, Sausage Meatball**
Hot Grab & Go	**Chicken Rogan Josh & Rice** G
Hot Sandwich	**Sub Roll Sandwich Range**

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TUESDAY WEEK 3

Main Meal Meat	Sweet & Sour Chicken with Boiled Rice G
Main Meal Vegetarian	Sweet & Sour Vegan Pieces with Boiled Rice V/VE/G
Vegetables	Sweetcorn V/VE/G or Chinese Greens & Bean Sprouts V/VE/G
Jacket Potato	Beans V/VE/G, Cheese, Coleslaw V/G, Tuna Mayonnaise G
Dessert	Chocolate Cookies V/VE or G Biscuits Available
Pasta	Tomato V/VE, Sausage Meatball
Hot Grab & Go	Mac & Cheese Pots V
Hot Sandwich	Pea & Mint Falafel in a Spinach Wrap served with Houmous & Coriander Slaw V/VE

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WEDNESDAY WEEK 3

Main Meal Meat	**Homemade Beef Burger & Wedges** G (Gluten free without the Bun)
Main Meal Vegetarian	**Spicy Bean Burger & Wedges** V/VE
Vegetables	**Beans** V/VE/G **or Coleslaw** V/G
Jacket Potato	**Beans** V/VE/G, **Cheese, Coleslaw** V/G, **Tuna Mayonnaise** G
Dessert	**Mango & Orange Fruit Ice Smoothie** V/VE/G
Pasta	**Tomato** V/VE, **Sausage Meatball**
Hot Grab & Go	**BBQ Chicken Wings & Wedges**
Hot Sandwich	**BBQ Sandwich Range**

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THURSDAY WEEK 3

Main Meal Meat	Jerk Chicken served with Rice & Peas G
Main Meal Vegetarian	Jerk Quorn Pieces served with Rice & Peas V/VE
Vegetables	Kachumber Salad V/VE/G or Mixed Leaf Salad V/VE/G
Jacket Potato	Beans V/VE/G, Cheese, Coleslaw V/G, Tuna Mayonnaise G
Dessert	Apple Crumble V/VE with Custard V/G (Vegan Custard available on request)
Pasta	Tomato V/VE, Sausage Meatball
Hot Grab & Go	Hotdog with Crispy Fried Onions, Tomato Sauce and American Mustard
Hot Sandwich	Beetroot Falafel in a Tomato Wrap served with Houmous & Coriander Slaw V/VE

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FRIDAY WEEK 3

Main Meal Meat	**Battered Fish & Chipped Potatoes** G (Gluten free available on request)
Main Meal Vegetarian	**Fishless Finger Bap & Chipped Potatoes** V/VE/G
Vegetables	**Peas** V/VE/G **or Beans** V/VE/G
Jacket Potato	**Beans** V/VE/G**, Cheese, Coleslaw** V/G**, Tuna Mayonnaise** G
Dessert	**Banana Flapjack** V/VE
Pasta	**Tomato** V/VE**, Sausage Meatball**
Hot Grab & Go	**Chicken Goujons or Sausage & Chips**
Hot Sandwich	**The Plaice to Sea Range**

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