



A-Level Dance Induction Task

Introduction:

A Level Dance offers students an opportunity to explore and develop their understanding of the art form. Dance combines creativity, imagination and academic study in a way that no other subject does. It is a course which is highly regarded by universities for the breadth of skills which you will develop. The course allows you to study dance as a practical, intellectual subject where you will develop your analyzing, evaluative and interpretative skills whilst learning about your own dance style as well as professional choreographers. We look forward to seeing you in September!

Task:

Task 1: In A Level Dance it is important to know the skills needed for an effective performance. They are a little different for A Level as the categories are more blurred but let's see if you can remember/can recall all the skills. Complete the crosswords and other tasks below to help you remember what those skills are and what categories they fall in to. You are given the definition and you must find the skill that connects to that definition. I have also attached a worksheet (pg 6) which will help if you are unsure. Try to complete the tasks without the worksheet, but please reference this page if you are unsure.

Task 2: For A Level Dance, we must remember many different names and who they are. We need to know them for the theory paper AND for the practical (solo performance).

For Task 2, you have empty 'Facebook' pages which you should fill in with information that you will need to research. More detailed description is on page 8

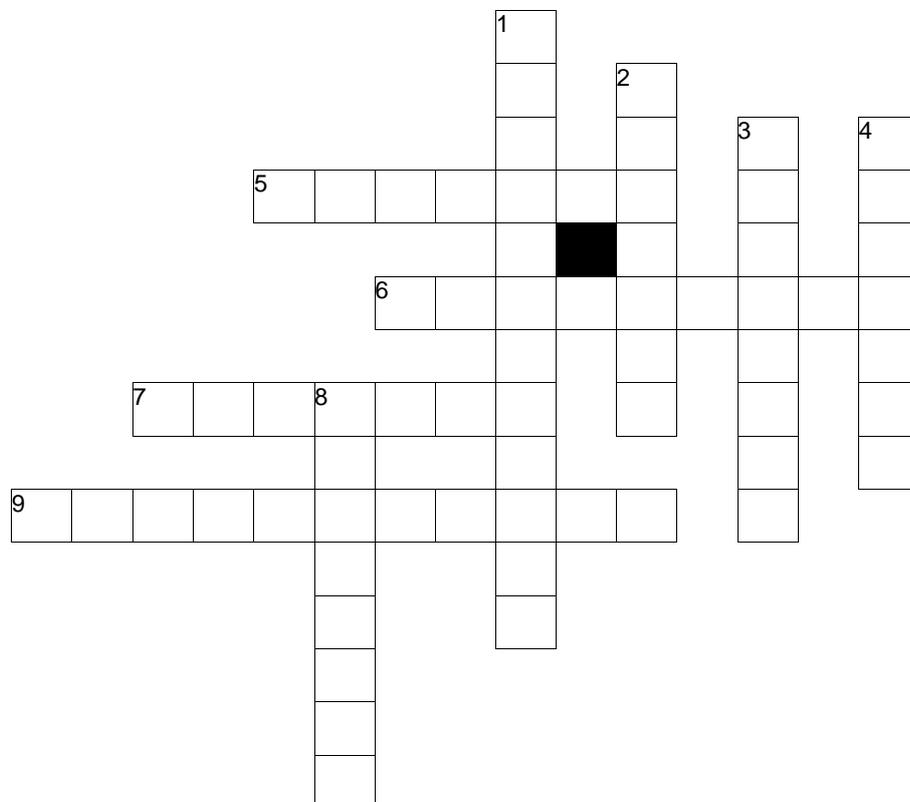
Task 3: This is the simplest task of all. I would like you to find the companies/choreographers on social media and give them a follow and have a look at what they do!

Due: First lesson in September and hand to Miss Birchall
Expected Time: 2 hours minimum

Task 1:

In A Level Dance it is important to know the skills needed for an effective performance. They are a little different for A Level as the categories are more blurred but let's see if you can remember all the skills. Complete the crosswords and other tasks below to help you remember what those skills are and what categories they fall in to. You are given the definition and you must find the skill that connects to that definition. I have also attached a worksheet (pg 6) which will help if you are unsure. Try to complete the tasks without the worksheet, but please reference this page if you are unsure.

Physical Skills Crossword



Across

5. The ability to start and stop movement, change direction and hold a shape efficiently.
6. Correct placement of body parts in relation to each other.
7. Ability to maintain physical and mental energy over periods of time
9. The range of movement in the joints (involving muscles, tendons and ligaments)

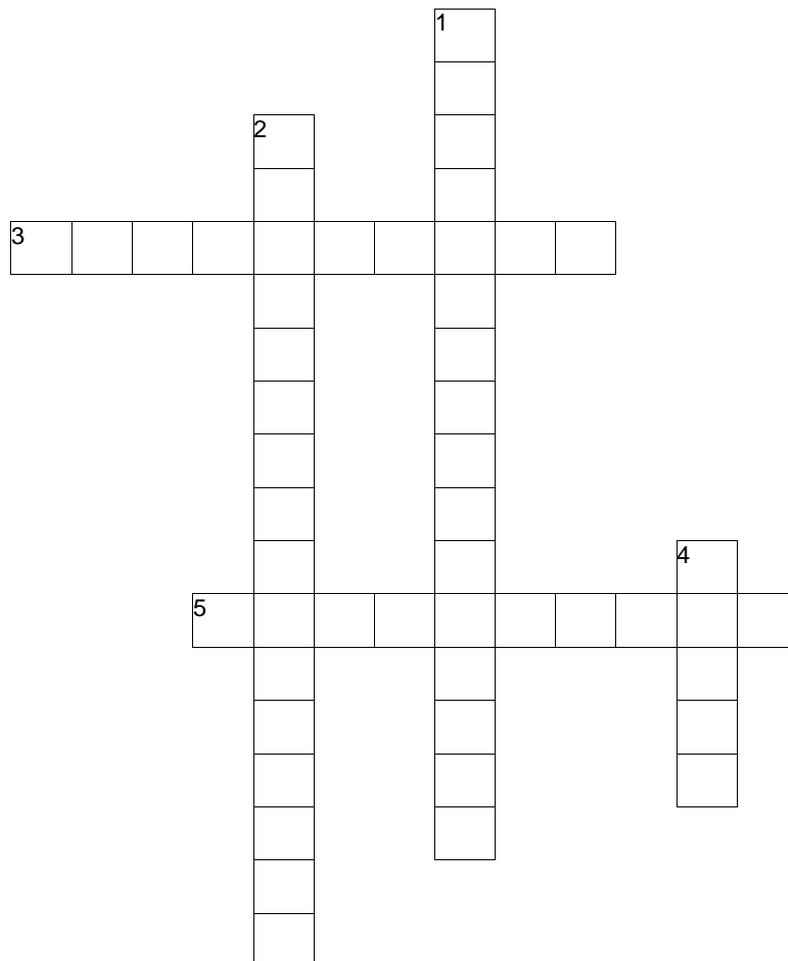
Down

1. The efficient combination of body parts
2. A steady or held position achieved by an even distribution of weight.
3. Muscular power
4. The way the body is held
8. The range of movement in a joint; the ability to move fluently from action to action.

Name: _____

Date: _____

Expressive Skills Crossword



Across

- 3.** An interpretation of the music's structure, rhythm, mood and meaning by the dancer in performance.
- 5.** The engagement of dancer's whole self in the communication of the dance idea; a considered use of energy to attribute perceivable qualities to the movement content.

Down

- 1.** Consciousness of the surrounding space and its effective use
- 2.** Use of the face to show mood, feeling or character.
- 4.** The intensity and direction of the dancer's eyeline, for example to a specific point in space, to a fellow performer or to the audience.

Skills / Key Terminology – Practical & Theory

It is also important to remember what makes up the following key areas mentioned below. They are a little different for A Level as the categories are more blurred but let's see if you can remember all the skills.

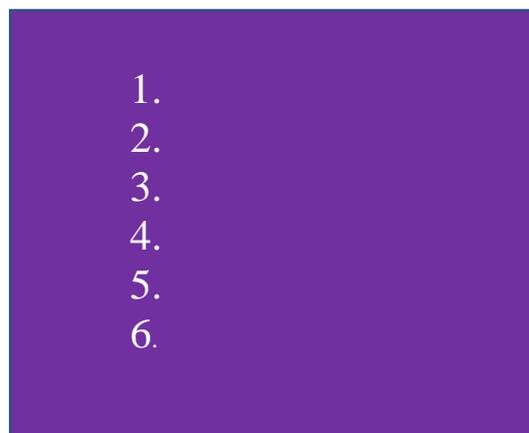
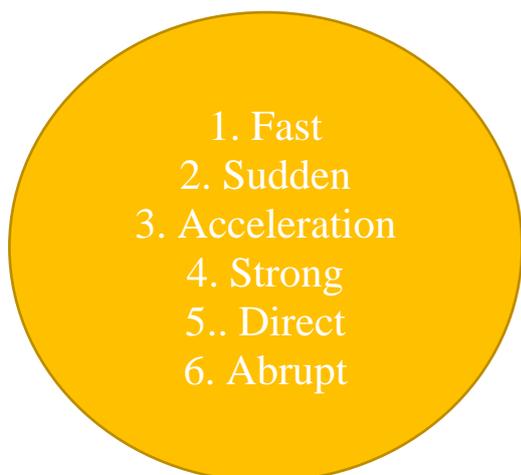
Actions – fill in the blanks

G_S_U_E	J_M_ OR E_E_A_I_N	_R_VE_ OR L_CO_O_I_N	S_I_LN_SS	T_R_ OR R_T_T_O_
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Space – try and define the words below by using images/drawings only

<i>Example</i> Patterns	<i>Example</i> ____ (repeated)
Levels	
Directions	
____ of _____	() ()
Pathways	
Spatial Design	

Dynamics – *try and find the opposite dynamic*



Relationships – *unscramble the letters to form a dance relationship*

- | | |
|-----------------------------------|----|
| 1. <i>Dlea dan wofllo</i> | 1. |
| 2. <i>grrriomn</i> | 2. |
| 3. <i>ctioan dna eactrion</i> | 3. |
| 4. <i>clauucmatoin</i> | 4. |
| 5. <i>plecomtenm adn trcoants</i> | 5. |
| 6. <i>terpoicountn</i> | 6. |
| 7. <i>tnacoct</i> | 7. |
| 8. <i>natiomfors</i> | 8. |

Choreographic Devices – *identify the word by looking at the description*

Description	Word
<i>A short phrase that you can change to make the theme of your work clearer</i>	_____
<i>Something done more than once</i>	
<i>Something that is different to something else e.g. slow dynamics in one section and quick dynamics in the section straight after</i>	
<i>Important moments in the dance that highlight the theme but not the highest point of the dance</i>	
<i>The highest point of the dance</i>	
<i>When you change how many people are doing something</i>	_____
<i>Two things that used to be a relationship – when you do something together and when you do it one after the other</i>	

Performance Skills – Section A

EXPRESSIVE SKILLS

Projection
Focus
Spatial awareness
Facial expression
Phrasing
Musicality
Sensitivity to other dancers
Communication of Choreographic intent

PHYSICAL SKILLS

Posture
Alignment
Balance
Coordination
Control
Flexibility
Mobility
Strength
Stamina

TECHNICAL SKILLS

Action
Space
Dynamics
Relationships
Timing
Rhythmic content
Moving in a stylistically accurate way

MENTAL SKILLS PREP FOR PERFORMANCE

Systematic repetition
Mental rehearsal
Rehearsal discipline
Planning of rehearsal
Response to feedback
Capacity to improve

IMPORTANT

SAFE PRACTICE DURING PERFORMANCE

Safe execution
Appropriate dancewear, including:
footwear
Hairstyle
Absence of jewellery

SAFE PRACTICE PREP FOR PERFORMANCE

Warming up
Cooling down
Nutrition
Hydration

MENTAL SKILLS DURING PERFORMANCE

Movement memory
Commitment
Concentration
Confidence

Choreography Skills – Section A

ACTION

Travel
Turn
Elevation
Gesture
Stillness
Use of different body parts
Transference of weight
Floor work

SPACE

Pathways
Levels
Directions
Size of movement
Patterns
Spatial design

DYNAMICS

Fast/slow
Sudden/sustained
Acceleration/deceleration
Strong/light
Direct/indirect
Flowing/abrupt

CHOREOGRAPHIC DEVICES

Motif and development
Repetition
Contrast
Highlights
Climax
Manipulation of number
Unison and canon

PERFORMANCE ENVIRONMENTS

Proscenium arch
End stage
Site-sensitive
In-the-round

RELATIONSHIPS

Lead and follow
Mirroring
Action & reaction
Accumulation
Complement & contrast
Counterpoint
Contact
Formations

STRUCTURE

Binary
Ternary
Rondo
Narrative
Episodic
Beginning/middle/end
Unity
Logical sequence
Transitions

AURAL SETTING

Song instrumental
Orchestral
Spoken word
Silence
Natural sound
Found sound
Body percussion

Task 2:

Practitioners – Complete the Facebook pages.

For A Level Dance, we must remember many different names and who they are. We need to know them for the theory paper AND for the practical (solo performance).

*For Section A of the written paper (taught at Hardenhuish; Miss Birchall), you learn about Rambert Dance Company and a dance called 'Rooster'. Within this study, you learn about the choreographer of 'Rooster' – **Christopher Bruce**.*

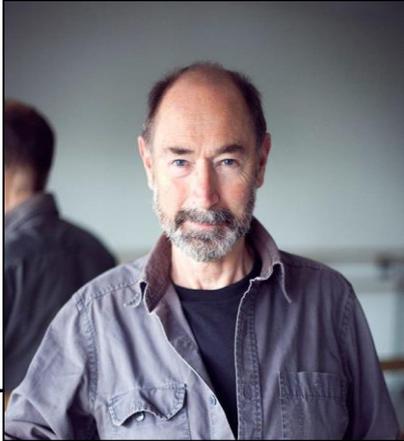
*Alongside two named practitioners; **Richard Alston** and **Robert North**.*

*For Section B of the written paper (taught at Sheldon; Miss Spalding) you learn about the Independent Contemporary Dance Scene in Britain and a dance called 'Sutra'. Within this study, you learn about the choreographer of 'Sutra' – **Sidi Larbi Cherkaoui**. Alongside two named practitioners; **Matthew Bourne** and **Akram Khan**.*

For any of the names in bold above, you also perform a 2-minute solo in the style of that practitioner.

Therefore, it is important that we know who they are, what works they have made, what they trained in and what their style is.

On the next few pages you have empty 'Facebook' pages which you should fill in with information that you will need to research.



Additional Information or Images about him.

Timeline

About

Friends

Photos



Born:



Rambert Dance Company



From:

Make Post

Photo/Video

Live Video

Life Event



Write a 'who is he?' overview!

Inset 3 pictures of his influences – either people, places or something else.



Inset 3 pictures of some works he has created. It must be featured on Rambert Dance website from 1966-2002.



Write the work's name and premier dates here

Inset 3 pictures of other people that appeared when researching him.



Write their ^ names here

Friends ▾

Post



Background and Training...



What is his dance style and key features?



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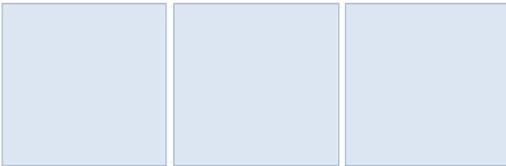
Live Video

Life Event

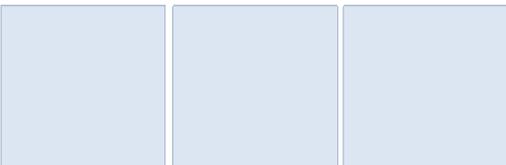


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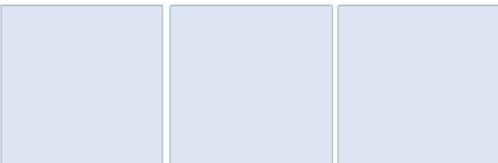


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Born:



Independent Cont Dance Scene



From:

Make Post

Photo/Video

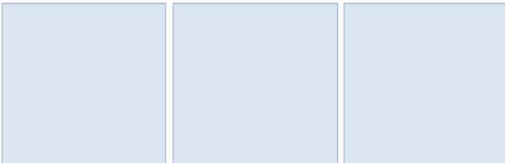
Live Video

Life Event



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Inset 3 pictures of his influences – either people, places or something else.



Inset 3 pictures of some works he has created. It must be from 2000-present day. (It can be music videos)



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Friends ▾

Post



Background and Training...



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Born:



Independent Cont Dance Scene



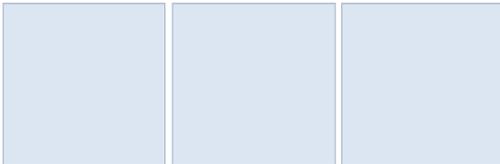
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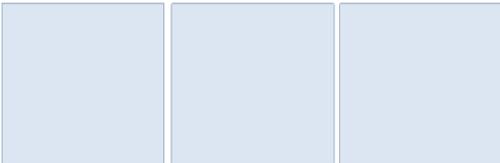
Post



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From:



Make Post



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Live Video

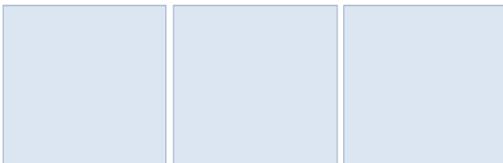


Life Event

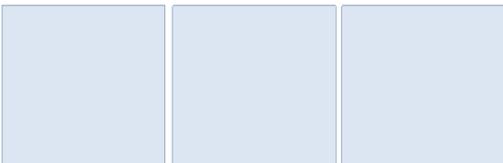


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Background and Training...



What is his dance style and key features?

Task 3:

This is your final task and a pretty simple one. Social Media is slowly taking over the world and has pros and cons. But following dance artists and famous choreographers is definitely a pro. By following the people below on different social media platforms, you will be able to keep up to date with what they are doing, any classes they offer and lots of other things. If you don't have these different social media platforms, don't worry, its not the end of the world, but might be something to invest in, even if it is just to follow some cool dance artists. I have listed some below which I would recommend you follow. Majority of them are Twitter and Instagram.

Twitter:

@AkramKhanLive
@rambertdance
@AlstonDance
@JVCompany
@CherkaouiLarbi
@New_adventures
@SirMattBourne



Instagram

thelacelondon
sadlers_wells
northern_school
balletboyz
jwiltondance
motionhouse
akramkhancompany
matthewbourne13
sidilarbicherkaoui
marthagrahamdance
richardalstandance