

RupertReports...



Each year has a similar sense of routine about it. I ended 2019 and started 2020 in Cornwall; there is nothing more relaxing or life reaffirming than walking along the coast with the smell of seaweed up your nose and the wind blowing your ears around. Despite the antecedent weather conditions being incredibly wet the exposed nature of the Cornish coastline meant the paths were dry and we were able to visit all our favourite places as well as visit some new ones. Come this evening we will be hitting the M5 again this time heading for Fowey for more coastal adventures.

This term I have spent quite a lot of time with the sixth form, in particular sociology and psychology. I managed to pick up a foot abscess which was a bit of a palaver requiring bandaging, antibiotics and waterproof dog boots – there is a fortune to be made creating things that the unsuspecting dog owner never knew they needed!

We are now half way through the school year. Year 13 are preparing for mock exams after half term and Year 11 are counting down the weeks until their GCSE start – just 12. A tricky time for parents with children in either of these years and my particular sympathies for those of you with children in both! It is important to keep things in perspective whilst also making sure you have prepared as best you can. Revising little but often and rewarding yourself along the way is always better than last minute cramming. The summer is unlikely to bring a complete disaster for a student just a need for a change of plan.

As the days get longer now is the time to encourage our young people to exercise the body as well as the mind.

Enjoy your half term whatever you are doing.